

Treatment

There is no vaccine for Zika as of now but there are ways to reduce the symptoms effects. Here are some ways to reduce the symptoms:

Get plenty of rest



Keep yourself hydrated

If you have fever, do take acetaminophen (Tylenol)



How Zika differs from Chikungunya & Dengue

- All are mosquito borne.
- Dengue and Chikungunya have affected more people compared to Zika.
- Your future child may suffer from microcephaly only if you're affected by Zika.
- Zika is the only one which can be passed when body liquids are exchanged
- The sitting position of the Zika mosquito is different from the mosquito which spreads Chikungunya and Dengue.

What is the Zika disease?

Zika virus (ZIKV) is a disease spread by *Aedes aegypti* mosquito which can affect the future human race if not dealt with fast.

Do you think Zika will hit India?



- 1st – Uganda 1947
- 2nd – South Asia 1951 – 2006
- 3rd – Micronesia and Yap 2007
- 4th – French Polynesia
- 5th – Brazil (2014) & America (2016)
- 6th – Singapore (2016)

References

- CDC USA:
<https://www.cdc.gov/zika/index.html>
World Health Org (WHO)
<http://www.who.int/mediacentre/factsheets/zika/en/>
Medical daily
<http://www.medicaldaily.com/>

ZIKA Virus & Disease



Zika virus disease has become a pandemic of this decade, threatening beyond Brazil to America and now in Singapore.

This brochure is an attempt to prevent the Zika from spreading in India by creating awareness.

Stop Zika from India!

Transmission

Mosquito bites



from mother to child during pregnancy

Through sex and blood transfusion

When mosquito lay eggs on stale or undisturbed water



Medicines & Cure ?

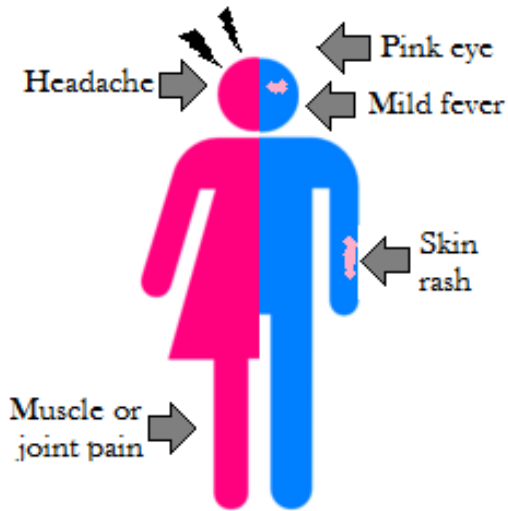
There is no cure yet.

However, one can try and reduce the joint pain or fever by taking medicines.

One should also drink a lot of water



Symptoms



Affecting Future Generation

If a woman is affected with Zika, then her future child is likely to suffer from a rare condition known as microcephaly. In this, the head is smaller than the normal size due to lack of brain development and therefore lack in increase of size. However, this can be caused due to certain genes present in the parents body.

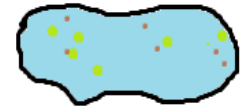


Baby with Microcephaly

Preventions

Stopping the mosquito growth

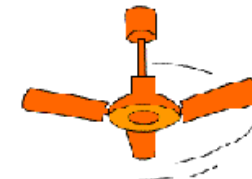
Don't leave Water undisturbed



Keep all your surroundings clean and dust free

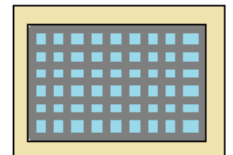
Avoid mosquito from coming close to you

Use mosquito repellent often



Keep fans on as this will help with air ventilation.

Protect yourself by putting a net on your window or around your bed



Cover yourself properly from neck to toe